



ONLINE
SEMPOZYUM

Multidisipliner Yaklaşımla
YEME BİLİMİ - EATOLOJİ
SEMPOZYUMU 2020

18 | 19
Aralık
2020



MEDİPOL
UNV-İSTANBUL
İSTANBUL MEDİPOL ÜNİVERSİTESİ

Scientific Program

18 December 2020, Friday

OPENING	
OPENING SPEECHES	
14:00-14:15	Prof. Dr. Gülgün ERSOY , Istanbul Medipol University, Faculty of Health Sciences, Board Member
14:15-14:30	BREAK
SESSION-1	
NUTRITION APPROACHES FROM PAST TO PRESENT	
Chair Person	Prof. Dr. Nevin ŞANLIER , Ankara Medipol University, Dean of Health Sciences Faculty, Head of the Nutrition and Dietetics Department
14:30-14:50	Traditional Approaches in Nutrition Prof. Dr. Metin Saip SÜRÜCÜOĞLU , Cyprus International University Department of Nutrition and Dietetics
14:50-15:10	Food and Beverage Change From Past to Present Asst. Prof. Osman GÜLDEMİR , Eskişehir Vocational School, Hotel, Restaurant and Catering Services Department
15:10-15:30	Nutrition, Food or Cure? Prof. Dr. Ayten ALTINTAŞ , Medipol University, Department of History of Medicine and Ethics
15:30-15:45	Q&A
15:45-16:00	BREAK
2. OTURUM	
SUSTAINABLE HEALTHY NUTRITION	
Chair Person	Prof. Dr. Funda ELMACIOĞLU , Istinye University, Faculty of Health Sciences, Head of Nutrition and Dietetics Department
16:00-16:20	Effects of Nutrition on Human Health: Sustainable Healthy Nutrition Assoc. Prof. Meltem SOYLU , Biruni University, Faculty of Health Sciences, Department of Nutrition and Dietetics
16:20-16:40	Relationship Between Food, Nutrition and Metabolism Assoc. Prof. Nihal BÜYÜKUSLU , Istanbul Medipol University, Faculty of Health Sciences, Department of Nutrition and Dietetics
16:40-17:00	Sustainability of the Source of Animal Origin Foods and Nutritional Problems Prof. Dr. Ömer ÇETİN , Istanbul University-Cerrahpasa, Department of Food Hygiene and Technology
17:00-17:20	Threatening Factors for Healthy Eating Asst. Prof. Neda YOUSEFİRAD , Istanbul Medipol University, Faculty of Health Sciences, Department of Nutrition and Dietetics
17:20-17:40	The Effect of Emotional State on Eating Behavior and Developing Healthy Eating Behavior Psk. Dr. Feyza BAYRAKTAR
17:40-18:00	Q&A Closing of the Day



ONLINE
SEMPOZYUM

Multidisipliner Yaklaşımla

YEME BİLİMİ - EATOLOJİ SEMPOZYUMU 2020

18-19
Aralık
2020



MEDİPOL
UNV-İSTANBUL
İSTANBUL MEDİPOL ÜNİVERSİTESİ

Scientific Program

19 December 2020, Saturday

OPENING SPEECHES	
10:00-10:15	Honoured Guest Prof. Dr. Sabahattin AYDIN , Deputy Minister of Health-Istanbul Medipol University Founding Rector
10:15-10:35	Honoured Guest Guangwei LIU , President-Beijing Eatology Research Institute / Director-General World Eatology Forum
10:35-10:55	Honoured Guest Juwang ZHU , UN Department of Economic and Social Affairs Public Institutions Director
10:55-11:15	Honoured Guest Prof. Peter KLOSSE , Founder of The Academy of Scientific Taste Evaluation (T.A.S.T.E.)
11:15-11:35	Honoured Guest Assoc. Prof. Nazan YARDIM , General Directorate of Public Health, Head of Department of Healthy Nutrition and Active Life
11:35-11:45	BREAK
SESSION-3 FACTORS AFFECTING NUTRITION	
Chair Person	Assoc. Prof. Fatma Esra GÜNEŞ , Marmara University, Faculty of Health Sciences, Head of Nutrition and Dietetics Department
11:45-12:05	Decision Mechanism in Food and Beverage Selection Asst. Prof. Erhan AKARÇAY , Anadolu University, Faculty of Literature, Department of Sociology
12:05-12:25	Physical Activity and Exercise for Health Prof. Dr. Fatma MUTLUAY , Istanbul Medipol University, Department of Physiotherapy and Rehabilitation
12:25-12:45	Relationship between Economy, Religion, Culture, Anthropology and Nutrition Asst. Prof. Funda ŞENSOY
12:45-13:00	Q&A
13:00-13:15	BREAK
SESSION-4 THE PLACE AND IMPORTANCE OF FOODS IN NUTRITION	
Chair Person	Prof. Dr. Eda KÖKSAL , Faculty of Health Sciences, Head of Nutrition and Dietetics Department
13:15-13:35	The Place and Importance of Animal Origin Food Sources in Nutrition Assoc. Prof. Sine Özmen TOGAY , Bursa Uludağ University, Faculty of Agriculture, Department of Food Engineering
13:35-13:55	The Place and Importance of Herbal Food Sources in Nutrition Assoc. Prof. Derya DİKMEN , Faculty of Health Sciences, Department of Nutrition and Dietetics



ONLINE
SEMPOZYUM

Multidisipliner Yaklaşımla

YEME BİLİMİ - EATOLOJİ SEMPOZYUMU 2020

18 | 19
Aralık
2020



MEDİPOL
UNV-İSTANBUL
İSTANBUL MEDİPOL ÜNİVERSİTESİ

13:55-14:15	The Importance of Water and Salt in Life Prof. Dr. Bekir SALİH , Hacettepe University, Department of Chemistry
14:15-14:30	Q&A
14:30-14:45	BREAK
SESSION-5	FOOD TECHNOLOGY AND FOOD PREPARATION
Chair Person	Prof. Dr. Saniye BİLİCİ , Gazi University, Faculty of Health Sciences, Deputy Head of Nutrition and Dietetics Department
14:45-15:05	The Place and Importance of Industrial Foods in Nutrition Dietitian Ece Nevra DURUKAN , Nestle Regulatory and Scientific Affairs Group Manager
15:05-15:25	The Role and Importance of Food Preparation Methods in Healthy Nutrition Asst. Prof. R. İclal ÖZTÜRK , Istanbul Medipol University, Faculty of Health Sciences, Department of Nutrition and Dietetics
15:25-15:45	Special Food Products of Turkey from the Window of Healthy Eating Asuman KERKEZ , Presenter on TV - Cumhuriyet University, Culinary Department
15:45-16:00	Q&A
16:00-16:15	BREAK
SESSION-6	NUTRITION AND ECOLOGY - ENVIRONMENTAL AWARENESS
Chair Person	Prof. Dr. Fatma ÇELİK , Faculty of Health Sciences, Head of Nutrition and Dietetics Department
16:15-16:35	Effects of Soil, Water and Air Pollution on Nutrition Prof. Dr. Gülden OMURTAG , Istanbul Medipol University Dean of the Faculty of Pharmacy
16:35-16:55	Sustainable Agriculture and Food / Organic Agriculture Prof. R. Petek ATAMAN , Board Member of Agriculture and Food Ethics Association
16:55-17:15	Food Waste and Contamination, Waste Recycling Samim SANER , President of the Food Safety Association, International Scientific Director of Mérieux NutriSciences
17:15-17:30	Q&A
17:30-17:35	BREAK
SATELLITE SYMPOSIUM	SABRİ ÜLKER VAKFI
17:35-18:05	Information Pollution in the Field of Nutrition and Food: The Platform of Science is Talking About The Struggle on Information Pollution Begüm MUTUŞ , General Manager of Sabri Ülker Foundation
18:05-18:10	BREAK
SESSION-7	NUTRITION PRACTICE IN TURKEY
Chair Person	Prof. Dr. Halit Tanju BESLER , Istinye University, Faculty of Health Sciences, Department of Nutrition and Dietetics - Vice Rector



ONLINE
SEMPOZYUM

Multidisipliner Yaklaşımla

YEME BİLİMİ - EATOLOJİ SEMPOZYUMU 2020

18 | 19
Aralık
2020



MEDİPOL
UNV-İSTANBUL
İSTANBUL MEDİPOL ÜNİVERSİTESİ

18:10-18:30	Food Enterprises and Codex Functioning in Turkey Selman AYZ , Ministry of Agriculture and Forestry - General Directorate of Food and Control, Deputy General Manager
18:30-18:50	What is the Situation of Nutrition in Turkey? Prof. Dr. Gülden PEKCAN , Hasan Kalyoncu University, Faculty of Health Sciences, Department of Nutrition and Dietetics
18:50-19:10	Food Technology, Engineering and Technology Nutrient Fortification Applications Prof. Hamit KÖKSEL , İstinye University, Faculty of Health Sciences, Department of Nutrition and Dietetics Dr. Oğuz ACAR , TAGEM
19:10-19:30	Information Pollution in Nutrition and Dietetics Area Assoc. Prof. Aydan ERCAN , Trakya University, Faculty of Health Sciences, Department of Nutrition and Dietetics
19:30-19:40	Q&A
19:40-20:00	Closing Remarks Assoc. Prof. Nihal BÜYÜKUSLU , Istanbul Medipol University, Faculty of Health Sciences, Department of Nutrition and Dietetics